

Basic Kata of the Month:

Tekki Shodan



shuhari
institute 

“Iron Horse #1” 鉄騎初段

The Tekki kata were introduced to Japan by Master Funakoshi to showcase its strong kiba-dachi stance. Rich in practical applications, the Tekki kata family present a plethora of close combat techniques. Don't let the simplified one-line embusen fool you, these kata are difficult to perform and require advanced understanding of body dynamics to perform their small movements effectively.